

Storm Menu - Week 1

Menu Proposal

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, dry cereal bread/toast, Biscuit & Gravy, fruit, Pancakes</p> <p><i>Drinks:</i> Reg. & decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, dry cereal bread/toast, French toast ,Biscuit & Gravy, fruit</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, Ham, dry cereal bread/toast, Muffins, Bagels, fruit, Waffles or French toast</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, ham dry cereal bread/toast, Biscuit & Gravy, fruit, Hash</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, dry cereal bread/toast, Biscuit & Gravy, fruit, Pancakes</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, Sausage, Ham dry cereal, muffins, Biscuit & Gravy ,fruit, Waffles/French Toast</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit, Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits, Bacon, Sausage, Ham dry cereal bread/toast, , fruit, Waffles /French Toast</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>
<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy</p> <p><i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy</p> <p><i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy</p> <p><i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy</p> <p><i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy</p> <p><i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy</p> <p><i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy</p> <p><i>Drinks:</i> Sodas all types</p>
<p>Dinner: Barbecue Chicken & Ribs, Baked Potato 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Grilled Fish & Steak (12oz.) Baked Potato, 2 Vegetables, Tossed Salad, Bread, Desert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Meat loaf, Mashed Potatoes & Gravy, 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Prime Ribs (16oz), Baked potato, 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Shrimp & Steak(12oz), New Potatoes (garlic) 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Fish & Chicken Yellow Rice, 2 Vegetables, Soup, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Lasagna, 2 Vegetables, Tossed Salad, Garlic Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>

All Meals: Portions must be large enough to serve $1\frac{1}{2}$ Meals.

Bring enough containers, silverware packs (knives, forks, spoon, napkin, salt & pepper) and condiments to pack every meal. if necessary.

Storm Menu - Week 2

Menu Proposal

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, dry cereal bread/toast, Biscuit & Gravy, fruit, Pancakes</p> <p><i>Drinks:</i> Reg. & decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, dry cereal bread/toast, French toast ,Biscuit & Gravy, fruit</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, Ham, dry cereal bread/toast, Muffins, Bagels, fruit, Waffles or French toast</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, ham dry cereal bread/toast, Biscuit & Gravy, fruit, Hash</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, sausage, dry cereal bread/toast, Biscuit & Gravy, fruit, Pancakes</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits Bacon, Sausage, Ham dry cereal, muffins, Biscuit & Gravy ,fruit, Waffles/French Toast</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit, Apple Juice, Water (Hot Chocolate if the weather is cold)</p>	<p>Breakfast: Eggs, Potatoes, Grits, Bacon, Sausage, Ham dry cereal bread/toast, , fruit, Waffles /French Toast</p> <p><i>Drinks:</i> Reg. & Decafe Coffee, Chocolate reg. Milk, Orange, Grapefruit & Apple Juice, Water (Hot Chocolate if the weather is cold)</p>
<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy <i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy <i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy <i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy <i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy <i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy <i>Drinks:</i> Sodas all types</p>	<p>Lunch: Large Sub Sandwiches (Assorted Cold Cuts & Cheese), Pudding pack, Chips, Piece of fruit and a Cookie/Cake or Candy <i>Drinks:</i> Sodas all types</p>
<p>Dinner: Turkey & dressing, Cranberry Sauce, Mashed Potato 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Pasta & Meatballs, 2 Vegetables, Tossed Salad, Garlic Bread, Desert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Roast Pork, Rice & Beans, 2 Vegetables, Soup, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Thick Cut Ham Steak, Sweet potato, 2 Vegetables, Soup, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Shrimp & Steak(12oz), New Potatoes (garlic) 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Baby back Ribs, Baked Potato 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>	<p>Dinner: Prime Ribs (16 oz), Baked Potato 2 Vegetables, Tossed Salad, Bread, Dessert</p> <p><i>Drinks:</i> Ice Tea, lemonade, Sodas - all types, Reg. & Decafe Coffee</p>

All Meals: Portions must be large enough to serve $1 \frac{1}{2}$ Meals.

Bring enough containers, silverware packs (knives, forks, spoon, napkin, salt & pepper) and condiments to pack every meal. if necessary.